

Old Opera House Studios

Class Descriptions and Dress Codes

Student's Etiquette

- Be dressed in proper attire for class (see the dress code for each class).
- No gum or candy is allowed in the classroom.
- Only water is allowed in the classroom.
- Treat each and every person with respect.
- No cellphones in the classrooms.

Parent's Etiquette

- Please be sure that your child is at class on-time and is picked up on-time.
- You are welcome to sit in the waiting room during class. We ask that you keep it clean and orderly. If you have other children with you, please keep them with you and quietly occupied.
- We are only responsible for your child while he or she is **INSIDE** of our buildings. We are not responsible for class changes between our two buildings.
- N. George Street and Liberty Streets are busy streets. Do not ask your dancer to cross the street and wait for you. All studio participants, under the age of 18, are asked to wait inside for their ride. Parents should come inside to pick-up younger dancers.
- We have many activities happening in our buildings (rehearsals, classes, meetings, etc.). Please help keep voices and noise at a moderate level while waiting for your child.
- If you need to contact your child during class time, please call the office.
- Do not hesitate to come upstairs and talk with us if you have any problems, concerns or complaints.

Contact Information:

OOH Offices – 304-725-4420

Steven Brewer – ooh@oldoperahouse.org – *Managing Artistic Director of the Old Opera House*

Amanda Cipriano - tothepointe515@gmail.com -- *OOH Dance Studio Artistic Director*

Ashley Snow – asherry.snow@gmail.com -- *OOH Acting Studio Artistic Director*

Heather Mae Wilson - heathermae.wilson7@gmail.com -- *OOH Voice Studio Artistic Director*

Christina Smith – christina@oldoperahouse.org -- *OOH Office Manager*

General Dancewear Information:

Attire Overview

Where to buy dancewear:

Encore – Apparel in Motion
104 East German Street
Shepherdstown, WV 25443
304-876-3040

Footlights Dance & Theater Boutique
306 E. Church Street at Everedy Square
Frederick, MD 21701
301-696-1558
<http://www.dancefootlights.com>

There are also several places on-line that you can purchase dance supplies from, two that are popular with many parents are:

Discount Dance <http://www.discountdance.com>

Dancewear Solutions <http://www.dancewearsolutions.com>

Girls

Dress Code

- Required attire for classes is found under “Dress Code” following each class description. See those descriptions for specific information on leotards, tights, and shoes

Tights (should be Capezio)

Capezio Ultra Soft Colors

- Light Suntan
- Ballet Pink
- Black

Style Numbers for Capezio Tights

Footed Tights:

- Child: 1815 C
- Adult: 1815

Convertible Tights:

- Child: 1816 C
- Adult: 1816

Fishnet Tights:

- Child: 3407 C
- Adult: 3407

Bust Support:

It is acceptable for the dancers to wear sports bras in class. They must wear either a leotard or a shirt over the bra. However, for performances, they will need a dance bra with clear straps and a clear back.

Boys

Dress Code

- Required attire for classes is found under “Dress Code” following each class description. See those descriptions for specific information on shirts, pants, and shoes.
- As young male dancers transition to our upper level classes we ask that they graduate to wearing a dance belt under their dance pants. This is the equivalent of wearing a cup for sports. Our instructors will have more information when it is time for your dancer to move to wearing a dance belt.

Acting Studio

Acting I

Ages 8-18, Students will build their acting skills, with fun, technique driven activities, such as improvisation (like seen on *Whose Line Is It Anyway?*), reading from scripts, creating scenes, and jumping from different voices, hats, costumes, and characters in this exciting class.

Dress Code: Clothes suitable for movement and energetic activity with shoes that strap securely to the foot.

Performance Class – *Production TBA, will be selected based on class enrollment*

Ages 8-18, *All* students will audition and be cast in the production. Each class thereafter will be used to stage and rehearse the play, which will be performed for parents and friends. (Students must attend both weekly class meetings [Tuesdays & Thursdays] to participate.)

Dress Code: Clothes suitable for movement and energetic activity with shoes that strap securely to the foot.

Voice Studio

Girls Voice I

Ages 8-18, This class will be taught as a small group lesson. Young vocalists will learn the proper techniques to get the most out of their voices, to sing with strength and clarity without straining. Diction, breathing, pitch, and posture will be improved, as well as building confidence when singing in front of others.

Boys Voice

Ages 8-18, This class will be taught as a small group lesson. Young vocalists will learn the proper techniques to get the most out of their voices, to sing with strength and clarity without straining. Diction, breathing, pitch, and posture will be improved, as well as building confidence when singing in front of others

Private Voice Lessons

Ages 8-18, Private lessons are scheduled by appointment. These are one-on-one lessons to develop your particular vocal instrument and building a repertory of songs

Dance Studio

***Dancers who are new to our studio should contact our offices for advice on class placements.**

Wee Ones and Preschool

Wee Ones

Ages 15 months – 2 ½, Our tiniest dancers will learn basic movements, stretching, coordination, locomotive and non-locomotive skills while having fun! Dancers must be accompanied by a parent or guardian.

Parent/Guardian will be asked to participate in class.

Dress Code:

Girls: Leotard: Any color/style

Tights: Pink

Shoes: Pink Ballet Shoes

Boys: Shirt: Any Color

Pants: Pants or shorts

Shoes: Black Ballet Shoes

Preschool Ballet

Ages 3-5, Along with some arts and crafts during the year, we will learn beginner ballet steps working on stretching, coordination, locomotive skills and having fun. Dancers must be able to come and participate in class without a parent.

Dress Code:

Girls: Leotard: Any color/style

Tights: Pink

Shoes: Pink Ballet Shoes

Boys: Shirt: Any Color

Pants: Pants or shorts

Shoes: Black Ballet Shoes

Preschool Workshop (Ballet/Tap)

Ages 3-5, We will learn basic ballet and tap movements while having fun and doing some simple crafts. The class will alternate between ballet and tap. Dancers must be able to come in and attend class without a parent.

Dress Code:

Girls: Leotard: Any color/style

Tights: Pink

Shoes: Pink Ballet and Black Tap Shoes

Boys: Shirt: Any Color

Pants: Pants or shorts

Shoes: Black Ballet and Tap Shoes

Preschool Workshop (Ballet/Jazz)

Ages 3-5, We will learn basic ballet and jazz movements along while having fun and doing some simple crafts. The class will alternate between ballet and jazz. Dancers must be able to come in and attend class without a parent.

Dress Code:

Girls: Leotard: Any color/style

Tights: Pink

Shoes: Pink Ballet Shoes

Boys: Shirt: Any Color

Pants: Pants or shorts

Shoes: Black Ballet and Tap Shoes

Ballet Classes

Beginning Ballet

Ages 5+, This class will introduce our young students to the beginning fundamentals of ballet. Basic ballet skills, vocabulary, rhythm, and coordination are taught and developed through creative movement in the structured environment of a traditional ballet class. This class is for young dancers who are new to ballet and dancers who are transitioning out of our Preschool Dance.

Dress Code:

Girls: Leotard: Any color/style

Tights: Pink

Shoes: Pink Ballet Shoes

Boys: Shirt: Any Color

Pants: Pants or shorts

Shoes: Black Ballet

Ballet I

Students in this class will concentrate on basic ballet fundamentals, including body alignment, vocabulary, and basic positions of the arms and feet.

Dress Code:

Girls: Leotard: Any color/style

Tights: Pink

Shoes: Pink Ballet Shoes

Boys: Shirt: Any Color

Pants: Pants or shorts

Shoes: Black Ballet Shoes

Ballet II

Students will build upon what they learned in Ballet I, continuing to concentrate on basic ballet fundamentals, including body alignment, vocabulary, and basic positions of the arms and feet.

Dress Code:

Girls: Leotard: Any color/style

Tights: Pink

Shoes: Pink Ballet Shoes

Boys: Shirt: Any Color

Pants: Pants or shorts

Shoes: Black Ballet Shoes

Ballet III

Students in this class will continue with the foundations of ballet. They will focus on technique at an beginning intermediate level. Students will move through the barre, center work, and progressions, which include turns, jumps, and leaps.

Dress Code:

Girls: Leotard: Any color/style

Tights: Pink

Shoes: Pink Ballet Shoes

Boys: Shirt: Any Color

Pants: Pants or shorts

Shoes: Black Ballet Shoes

Ballet IV

Students at this level will continue to work on their technique. The combinations and floor patterns will be more complicated than in previous classes. Each level of ballet is structured to provide more advanced training as the student is ready.

Dress Code:

Girls: Leotard: Any color/design

Tights: Pink

Shoes: Pink Ballet Shoes

Boys: Shirt: White T-shirt

Pants: Black Pants or shorts

Shoes: Black Ballet Shoes

Ballet V

Students at this level will continue to work on their technique. The combinations and floor patterns will be more complicated than in previous classes. Each level of ballet is structured to provide more advanced training as the student is ready.

Dress Code: _____

Girls: Leotard: Black (any style)

Tights: Pink

Shoes: Pink Ballet Shoes

Boys: Shirt: White T-shirt

_____ Pants: Black Pants or shorts

_____ Shoes: Black Ballet Shoes

Ballet VI

Students at this level will continue to work on their technique. The combinations and floor patterns will be more complicated than in previous classes. Each level of ballet is structured to provide more advanced training as the student is ready.

Dress Code:

Girls: Leotard: Black (any style)

Tights: Pink

Shoes: Pink Ballet Shoes (Split Sole/Leather) & Paws (footUndeez™ or any lyrical half-sole is acceptable for class, but Paws™ will be worn for performances)

Hair: Bun

Boys: Shirt: White T-shirt

Pants: Black Pants or shorts

Shoes: Black Ballet Shoes

Ballet VII

Students at this level will continue to work on their technique. The combinations and floor patterns will be more complicated than in previous classes. This class prepares dancers to transition to our Advanced Ballet Class.

Dress Code:

Girls: Leotard: Black (any style)

Tights: Pink

Shoes: Pink Ballet Shoes (Split Sole/Leather) & Paws (footUndeez™ or any lyrical half-sole is acceptable for class, but Paws™ will be worn for performances)

Hair: Bun

Boys: Shirt: White T-shirt

Pants: Black Pants or shorts

Shoes: Black Ballet Shoes

Pointe Conditioning

Many factors are involved in pointe readiness, including strength of the legs, feet and ankles. Pointe conditioning is for ballet students further develop and strengthen the muscles necessary to go en pointe. Pointe conditioning classes stress correct alignment and correct classical ballet technique. The classes also allow the teacher to assess readiness, offering an atmosphere for proper evaluation of important skills.

**By invitation only

Dress Code:

Girls: Leotard: Black (any style)

Tights: Pink

Shoes: Pink Ballet Shoes

Hair: Bun

Boys: Shirt: White T-shirt

Pants: Black Pants or shorts

Shoes: Black Ballet Shoes

Pointe I

~~This class emphasizes foot strengthening exercises and alignment. A slow, thorough, and careful approach assures a safe and solid foundation that allows the student to be in control and at ease as she dances on pointe. Students may need more than one year in beginning pointe.~~

~~**By audition or permission from the instructor.~~

Dress Code: _____

~~Leotard: Black (any style)~~

~~Tights: Pink~~

~~Shoes: We will have a meeting that will include the parents during the first beginning pointe class. Please DO NOT purchase shoes before this meeting.~~

Pointe II

This class continues to emphasize foot strengthening exercises and alignment. Students must have acquired the proper level of strength and ability to safely participate in this class. Students may need more than one year in beginning pointe.

**By audition or permission from the instructor.

Dress Code:

Girls: Leotard: Black (any style)

Tights: Pink

Shoes: Pink Ballet Shoes

Hair: Bun

Boys: Shirt: White T-shirt

Pants: Black Pants or shorts

Shoes: Black Ballet Shoes

Advanced Ballet & Pointe

In this class the technique is faster, more demanding and focus is on building stamina and skill. Students must have acquired the proper level of strength and ability to safely participate in this class.

**By audition or permission from the instructor.

Dress Code:

Leotard: Black and class color (same as advanced ballet) (any style)

Tights: Pink and Tan

Shoes: Pointe Shoes

Jazz Classes

Jazz I

Ages 5+, This class is for students with little to no experience in jazz dance. Students will learn basic isolations, work on placement and coordination. We will also work on little combinations in the center during the year. Students in this class are encouraged to enroll in a ballet class as well. Jazz is a style of dance that finds its roots in ballet and participating in a ballet class will improve a dancer's jazz technique. Once a dancer progresses to Jazz II and up, ballet is a requirement.

Dress Code:

Girls: Leotard: Any color/design

Tights: Pink, Tan, or Black

Shoes: Nude Shoes

Boys: Shirt: Any Color

Pants: Pants or shorts

Shoes: Black Jazz Shoes

Jazz II-V

These levels will be focusing on body isolations of the head, shoulders, ribcage, feet and arms. We will also work on jazz technique, stretching, flexibility and coordination. Students will learn different jazz style combinations across the floor and in the center. Jazz is a style of dance that finds its roots in ballet. This is why students participating in Jazz II-Advanced Jazz must also be enrolled in a ballet class. Styles of jazz will include but not limited to hip-hop, lyrical/contemporary jazz etc.

Dress Code:

- Girls:** Leotard: Any color/style
Tights: Pink, Tan, or Black
Shoes: Nude Shoes
- Boys:** Shirt: Any Color
Pants: Pants or shorts
Shoes: Black Jazz Shoes

Advanced Jazz

This level will work on jazz technique, body isolations, stretching, flexibility, turns, jumps/leaps, and coordination. Students placed in this class must have a high level of technique and be enrolled in a ballet class. Students will work on several combinations of various styles of jazz including hip-hop, lyrical/contemporary jazz, etc.

**By audition or permission from the instructor.

Dress Code:

- Girls:** Leotard: Any color/style * dance pants/shorts are acceptable
Tights: Pink, Black or Tan
Shoes: Nude Jazz shoes
- Boys:** Shirt: Any Color
Pants: Pants or shorts
Shoes: Black Jazz Shoes

Tap Classes

Tap I

Ages 5+, Tap I is a fun class for students with little to no previous tap dance experience. Students will learn basic tap vocabulary and rhythmic skills. We will also focus on coordination and basic tap beats.

Dress Code:

- Girls:** Leotard: Any color or style
Tights: Pink
Shoes: Black Mary Jane or Oxford style tap shoes
- Boys:** Shirt: Any Color
Pants: Pants or shorts
Shoes: Black Tap Shoes

Tap II

Tap II is geared towards the intermediate students, with at least one or more years of tap dancing. These classes consist of more technique working on coordination, rhythmic variations, timing and beats.

Dress Code:

- Girls:** Leotard: Any color or style
Tights: Pink
Shoes: Black Oxford style tap shoes (*Fall 2015 students may continue to tap in Mary Jane style shoe if that is what they currently have*)
- Boys:** Shirt: Any Color
Pants: Pants or shorts
Shoes: Oxford style tap shoe

Tap level III & IV

These classes are geared towards the more experienced student, with at least two to three (or more) years of tap dancing. These classes consist of more technique working on coordination, rhythmic variations, timing and beats.

Dress Code:

Girls: Leotard: Any color or style *dance pants/shorts are acceptable

Tights: Pink, Black or Tan

Shoes: Split Sole Oxford style tap shoe

Boys: Shirt: Any Color

Pants: Pants or shorts

Shoes: Oxford style tap shoe

Advanced Tap

Students should have the highest level of technique in this class. In this class we will focus on technique, beats, timing emphasizing on precise footwork and rhythms. We will work on different tap progressions and combinations across the floor and in the center.

**By audition or permission from the instructor.

Dress Code:

Girls: Leotard: Any color or style *dance pants/shorts are acceptable

Tights: Pink, Black or Tan

Shoes: Split Sole Oxford style tap shoe

Boys: Shirt: Any Color

Pants: Pants or shorts

Shoes: Oxford style tap shoe

Adult Tap

Adults, Taken tap before and want a refresher? Always been interested in tap but never taken a class? Join us each week for an evening of percussive fun!

Dress Code:

Shirt: Any Color

Pants: Pants or shorts

Shoes: Split Sole Oxford style tap shoe

Hip Hop Classes

Hip Hop I & II

Ages 5+, students will learn basic elements of hip-hop with high-energy warm ups and basic technical training. Students will build endurance and stamina through class work as well as have the opportunity to learn various floor combinations.

Dress Code: Top/Leotard: Any color or style (Tank tops and T-shirts are permitted)

Pants/Tights: Pink, Black or Tan, Pants or shorts are also appropriate

Shoes: Black Jazz Sneakers or Street Sneaker

Hip Hop III

Students will continue to learn elements of hip-hop with high-energy warm ups and technical training. Students will continue to build endurance and stamina through class work as well as have the opportunity to learn various floor combinations.

Dress Code: Top/Leotard: Any color or style/Tank tops and T-shirts are permitted

Pants/Tights: Pink, Black or Tan/Pants or shorts are also appropriate

Shoes: Black Jazz Sneakers or Street Sneaker

Hip Hop IV

Students will continue to learn elements of hip-hop with high-energy warm ups and technical training. Students will continue to build endurance and stamina through class work as well as have the opportunity to learn various floor combinations. A more in-depth study of specific styles of hip hop will be explored at this level.

Dress Code: Top/Leotard: Any color or style/Tank tops and T-shirts are permitted
Pants/Tights: Pink, Black or Tan/Pants or shorts are also appropriate
Shoes: Black Jazz Sneakers or Street Sneaker

Special Interest Classes

Broadway Dance I

Ages 8-18, This class will explore a variety of dance styles that have made the American Musical Theatre a favorite of performers. Choreography will be drawn from songs appropriate for this age from the Broadway song book.

Dress Code:

Girls: Shirt: Any Color
Pants: Pants or shorts
Shoes: Jazz Shoes or Character shoes

Guys: Shirt: Any Color
Pants: Pants or shorts
Shoes: Black Oxford or Jazz shoes