

Old Opera House Arts Centre Spring Dance Recital May 31, June 1 & 2, 2019



Dates to Remember!

April 24: T-Shirt Orders Due
May 1 7pm: Parent Meeting
May 8: Backstage Parent Sign-up Due
May 20 5-6:30pm: Act I Rehearsal
May 21 5-6:30pm: Act II Rehearsal
May 22 5-7:30pm: Act I & II Rehearsal
May 23: Open for makeup class/rehearsal
May 24-27: No rehearsals!
May 28 4:30-7:30pm: Dress Rehearsal
May 29 5-6:45pm: Rehearsal
May 30 5-7:15pm: Dress Rehearsal
May 31 6:15-9pm: Performance
June 1 1:45-4:30pm: Performance
June 2 1:45-4:30pm: Performance

Our Spring Recital is just around the corner, and we could not be prouder of our dancers! In this handbook you'll find everything you need to know about rehearsals and performances—so we can help keep excitement high and stress low.

Please review this information with your dancer.

All rehearsals and performances are **MANDATORY**. We understand that it is a busy time of year, but this is the most vital time for practice. Choreography has been developed with your dancer in mind. If a dancer is missing, the choreography is incomplete.

If your dancer must miss rehearsal because of school performances or field trips, please notify the office.

Recital Etiquette

All dancers and instructors have worked hard to get to this point—congratulations! Please keep these things in mind during recital time:

- Treat all dancers, Backstage Parents, instructors, and staff with respect.
- Be positive and supportive! Compliments and encouragement are always welcome.
- Older dancers, remember that you were once a beginning and intermediate dancer, too. Be great role models for younger dancers!
- Keep your area clean.

Ticket Sales

Tickets go on sale April 8 and can be purchased online at www.oldoperahouse.org or by calling the box office. Cost is \$15/adult and \$12/youth (under age 18).

- All seating is assigned and everyone in the audience must have a ticket, regardless of age.
- Your dancer does NOT require a ticket; s/he will be in the dressing area during the entire performance.

Recital performances typically are approximately 2 hours and have a 15-minute intermission.

Backstage Parents

We strongly rely on Backstage Parents (BSP) during rehearsals and performances! It is expected that parents will sign up to be a BSP for at least one rehearsal/performance. We need two BSPs per class for our younger levels (Ballet III and below, Hip Hop/Jazz/Tap I & II) and four BSPs per room for our upper levels.

- **Parents are expected to chaperone for at least one night. We cannot put on the show without your help.**
- Please sign up by May 8.

*Because of the number of people involved, dancer's siblings are **not** permitted in the dressing areas at any time.*

What don't BSPs do?

- BSPs are not responsible for hair changes, but you may assist if you are comfortable doing so.
- BSPs are not responsible for providing snacks or entertainment.

What do BSPs do?

- **BSPs must arrive 15 minutes before dancers** are scheduled to arrive **and must stay until all dancers have gone home** with their parent. When you arrive, please check in with Backstage Staff so we know you are here. One BSP per group will receive a roster to make sure students have arrived.
- Supervise dancers in the dressing areas. Keep dancers quiet.
- Assist young dancers with bathroom breaks as necessary.
- Ensure dancers are ready and accounted for when your class is called to line up to go onstage. Make sure all costumes are complete and correct.
- If you're at Second Stage, you will walk dancers between buildings.
- Remain with dancers as they move through the queue to go onstage.
- BSPs **MUST** follow the approved snack list for themselves; only water to drink (coffee and soda are not permitted).
- At the end of the evening, return badge, hang costumes, pick up trash, notify staff of supply needs.
- Go home and relax!

Backstage Parent Schedule

Day	Time	Notes
Wednesday May 22	4:45-7:45pm	Act I & II Dancers watch in auditorium.
Tuesday May 28	4:15-6:15pm 5:45-7:45pm	Act I: Dress Rehearsal Act II: Dress Rehearsal
Wednesday May 29	4:45-7:00pm	Act I & II, except both Preschools, Hip Hop I & II, Tap I & II (these classes subject to change)
Thursday May 30	4:45-7:30pm	Act I & II Dress Rehearsal
Friday, May 31	6:00-9:30pm	Performance
Saturday, June 1	1:30-5:00pm	Performance
Sunday, June 2	1:30-5:00pm	Performance

*subject to change

Rehearsals

Some rehearsals are divided by Act I and Act II; if your dancer is only in one Act, s/he only needs to go to that Act's rehearsal.

Dancers are permitted to leave rehearsal after their last dance is completed, OR after curtain call has been rehearsed, whichever is last. Rehearsals will be held onstage. Rehearsal duration varies depending on the night, but keep in mind that if we are able to start on time, we can end on time or earlier!

For a *regular rehearsal*, please wear what is typically worn to class. For *dress rehearsals*, wear the costume, accessories, and tights assigned for that dance, as well as hair and makeup.

As with our normal classes, **all rehearsals are CLOSED** (no parents in the auditorium or balcony) in order to help dancers maintain focus and keep everything running smoothly. We appreciate your understanding and cooperation with this.

- Students will watch the recital during the rehearsal on Wednesday, May 22.
- A live-action photographer will take photos during the dress rehearsal on Thursday, May 30.
- A performance will be recorded.
- Dancers must arrive ON TIME and READY to go!

Rehearsal Schedule

Day	Time	Who	Notes
Mon. May 20	5-6:30pm	Act I	-Class attire -Dancers eat before/after rehearsal
Tues. May 21	5-6:30pm	Act II	-Class attire -Dancers eat before/after rehearsal
Wed. May 22	5-7:30pm	Act I & II	-Class Attire -Dancers eat before/after rehearsal -Dancers watch show in the auditorium.
Tues. May 28	4:30-5:45pm 5:45-6:00 6:00-6:15 6:15-7:30	Act I Intermission Curtain Call Act II	-Full costumes & makeup -Dancers eat before/after rehearsal -Dancers may eat approved food at intermission
Wed. May 29	5-6:45pm	Act I & II	-All classes except Preschools, Hip Hop I & II, Tap I & II (these classes subject to change)
Thurs. May 30	5-7:15pm	Act I & II	-Full costumes & makeup -Dancers eat before/after rehearsal -Live-action photos

*subject to change

Performances

All dancers perform in all three performances. All dancers (except Preschool) must stay through the end of the performance to participate in the curtain call. Preschool dancers are permitted to go home following their dance, but they cannot enter the auditorium.

- Parents, if you purchased a ticket, *please enjoy the show!*
Leaving the auditorium is a big distraction to dancers onstage and to audience members. You may not leave the performance to help with costume changes.
- Dancers **MUST NOT** leave the backstage area during Intermission.
- If your dancer plans to meet guests, please meet them outside, in the lobby, or in the auditorium following the performance. Guests are not permitted in the dressing areas.

- Dancers should arrive in full hair, makeup, nude leotard, and tights, ready to put on costume and go onstage. We recommend wearing a bathrobe or loose, button-down shirt to the OOH.

Performance Schedule

Date	Call Time (When Dancers Arrive)	Curtain Time (When Show Begins)
Friday, May 31	6:15pm	7:00pm
Saturday, June 1	1:45pm	2:30pm
Sunday, June 2	1:45pm	2:30pm

BSPs must arrive 15 minutes before call time.

- Some dancers may have only one or two songs to make costume changes. We understand this is a quick change. Backstage Staff and BSPs will ensure that all dancers are ready to go onstage before their dance begins.



Recital Order

Act One	Act Two
Advanced Jazz	Ellen F./Emily T./Deswell
Tap I	Homeschool Pointe
Ballet IV	Beginning Jazz
Preschool Ballet	Beginning Ballet
Hip Hop II	Advanced Pointe
Broadway I	Ballet I
Jazz III	Homeschool Ballet
Hip Hop IV	Ballet II
Tap IV	Intermediate Pointe
Jazz IV	Ballet III
Tap II	Emily T.
Preschool Ballet/Tap	Jazz V
Lyrical A	Tap III
Adult Roulette	Hip Hop I
Advanced Ballet	Lyrical B
Ballet VI	Hip Hop III
Ballet VII	Broadway II
Ballet V/Isabella F.	Curtain Call
Beginning Pointe/Ellen F.	

*subject to change

Costumes

Instructors will have dancers try on costumes in class to identify any necessary alterations.

- You are responsible for making alterations.
- Costumes will not be released to a dancer until they are fully paid, tuition balances are current, and an emergency contact form is on file.

Please care for costumes at home by placing them in a safe location where they won't get damaged and where kids and pets can't reach them. In the event a costume is damaged, we may not be able to get a replacement.

Hang ballet costumes upside down so the tulle stays fluffy.

Don't wear your costume outside of dress rehearsals or performances.

OOH will provide racks for your dancer to hang costumes during rehearsals and performances. Costumes maybe be left at OOH overnight rather than bringing them home and back every day to diminish the risk of dirt and damage.

If your dancer has costume and hair changes, please consider signing up to be a BSP, or coordinate with the scheduled BSP to help

your dancer with those tasks. Another wonderful idea is to have your child partner with another dancer to help with these tasks.

- PLEASE keep track of all accessories.
- Earrings are not permitted unless they are part of the costume. Please wait until after recital to pierce your dancer's ears; however, if your child just got pierced ears and you are unable to take out their earrings, please cover them with a very small, flesh-colored band-aid.
- No jewelry.
- No nail polish.
- No temporary tattoos. Permanent tattoos must be covered.
- Label all costumes, shoes, and accessories.

Tights, Hair, Makeup & Dancewear

- All female dancers **MUST wear a nude leotard** (sleeveless, with nude straps). A nude leotard can be purchased at any dancewear store.
 - ***NO underwear under costumes.*** Dancers should wear their nude leotard with tights on top.
 - Instructors will let young male dancers know when to begin wearing a dance belt, which is the equivalent of wearing a cup for sports. For more information about dance belts, please visit www.dancebelt.info.
- **PRO TIP:** Have your dancer dress in layers: nude leotard first, then the tights for their last dance, followed by the tights for their first dance. This way tights may be removed easily, and the next pair is ready to go!

Only Capezio Ultra Soft tights may be worn for the recital. Different manufacturers use different dyes and by only using one company, colors are consistent.

Capezio Ultra Soft Colors

Ballet Pink
Light Suntan
Black
Fishnet

Capezio Style Numbers

Footed Tights:
Child 1815C
Adult 1815

Convertible Tights:
Child 1816C
Adult 1816

Recital Hair/Tights/Shoes/Makeup

Class	Hair	Tights	Shoes	Notes
Preschool Ballet	High bun	Ballet pink	Pink ballet slippers	
Preschool Ballet/Tap	Pigtails with curls	Light suntan	Black tap	Red lips
Beginning Ballet	Ballet bun	Ballet pink	Pink ballet slippers	
Ballet I	Ballet bun	Ballet pink	Pink ballet slippers	
Ballet II	Ballet bun	Ballet pink	Pink ballet slippers	Pink lips, mascara, blush, neutral browns eyeshadow
Ballet III	Ballet bun	Ballet pink	Pink ballet slippers	Red lips, mascara, blush, neutral browns eyeshadow
Ballet IV	Ballet bun	Ballet pink	Pink ballet slippers	
Ballet V	Ballet bun	Ballet pink	Pink ballet slippers	Red lips, mascara, blush, neutral browns eyeshadow
Ballet VI	Ballet bun	Ballet pink	Pink ballet slippers	Pink lips, mascara, blush, neutral browns eyeshadow
Ballet VII	Ballet bun	Ballet pink	Pink ballet slippers	False eyelashes, pink lips, mascara, blush, neutral browns eyeshadow
Adv Ballet	Ballet bun	Ballet pink	Pink ballet slippers	False eyelashes, red lips, mascara, blush, neutral browns eyeshadow
Homeschool	Ballet bun	Ballet pink	Pink ballet slippers	Red lips, mascara, blush, neutral browns eyeshadow
Beg Pointe	Ballet bun	Ballet pink	Pointe shoes	Pink lips, mascara, blush, neutral browns eyeshadow
Int Pointe	Ballet bun	Ballet pink	Pointe shoes	False eyelashes, red lips, mascara, blush, neutral browns eyeshadow
Adv Pointe	Ballet bun	Ballet pink	Pointe shoes	False eyelashes, pink lips, mascara, blush, neutral browns eyeshadow
Homeschool Pt	Ballet bun	Ballet pink	Pointe shoes	Red lips, mascara, blush, neutral browns eyeshadow
Broadway I	Various styles	Girl: Light suntan Boy: Black trouser socks	Black jazz	
Broadway II	Down & teased	Light suntan	2" tan character heel	
Hip Hop I	High ponytail	Black socks	Black sneakers (some white is okay but no color)	
Hip Hop II	Half up/half down	Black socks	See Hip Hop I	Red lips
Hip Hop III	High ponytail	Black socks	See Hip Hop I	
Hip Hop IV	Braided	Black socks	See Hip Hop I	Red lips
Beginning Jazz	Half up/half down	Girl: Ballet pink Boy: Gray or black	Black jazz	
Jazz III	Half up/half down	Light suntan	Tan jazz	
Jazz IV	High ponytail	Light suntan	Tan jazz	

Jazz V	TBD	Light suntan	Tan jazz	
Adv Jazz	Down	Tan fishnet dance tights	Black jazz	
Lyrical A	Low ponytail	Light suntan transition	Half soles	Light lips
Lyrical B	Low side bun on left	Light suntan transition	Foot paws	Crystal earrings
Tap I	Half up/half down with bow	Light suntan	Black tap w/ribbon ties	
Tap II	Half up/half down	Light suntan	Black tap	
Tap III	Half up/half down	Light suntan	Black tap	
Tap IV	Low bun	Girl: Light suntan Boy: Black trouser socks	Girl: Tan heel tap Boy: Black tap	Light lips
Adult Roulette	Up	Black legs	Black tap	

*subject to change

Hair will be in a ballet bun, ponytail, half-up/half-down, loose, etc. There are many videos online showing how to make a ballet bun, or feel free to ask any of our long-term dance parents, who are experts! Do not use a donut to make a bun.

Makeup is encouraged. Stage lights are extremely bright, causing dancer's faces to become washed out. Makeup helps audience members see your dancer's smiling face! For girls, please wear, at a minimum, blush and lipstick. Girls may also wear foundation, eye shadow, eyeliner, and mascara. Ballet dancers in level VII and above must wear false eyelashes and may be asked to wear specific makeup. Boys may wear light foundation as needed.

- **PRO TIP:** Please remember to apply sunscreen over Memorial Day weekend!

What to Bring

It's great to be prepared! In addition to shoes, tights, and makeup we recommend the following.

For activities, crayons, colored pencils, coloring books, DVDs, card games, books, etc. are great ideas. Absolutely NO markers or glue! Electronics are also a good distraction, but keep in mind that your dancer is responsible for his/her own device; BSPs and the OOH are not responsible for electronics. Please bring headphones for electronics.

Supplies

- Extra tights
- Brush
- Hair elastics
- Bobby pins
- Hairspray & gel
- Makeup remover
- Deodorant
- Band-aids
- Headache medication
- Antacids
- Sewing kit
- Safety pins
- Activities
- Pillow & blanket
- PATIENCE

Approved Snacks

- WATER ONLY
(in refillable bottle)
- Pretzels
- Plain popcorn
- Animal crackers
- Oyster crackers
- Graham crackers
- Saltines
- Goldfish crackers
- String cheese
- Veggies
- Grapes
- Apples
- NO NUTS

ONLY the above food items are permitted; no other food or drink may be brought into the OOH whenever costumes are present (this includes rehearsals). No fast food.

You've paid a lot for these costumes; help your dancers keep them clean! Laundering or spot-cleaning costumes can change their appearance under stage lights. Additionally, recital time is high-energy, and we want to stress the importance of choosing healthy foods that will give dancers the right kind of energy for the night.

- As a reminder, adults may have only the approved snacks and drinks as well.
- **PRO TIP:** We recommend LABELING everything with your dancer's initials, including water bottles, dance bags, electronics, and inside dancer's shoes.

Dressing Areas

Each dancer will be assigned a dressing area where they will remain when they are not onstage. The dressing areas are: Second Stage Studio, Second Stage Waiting Room, Tommy James Studio, Tommy James Waiting Room, and the upstairs Dressing Rooms.

- Dancers in the Dressing Rooms are responsible for keeping the rooms clean and emptying garbage at the end of the show.

- Dancers in Tommy James must keep the taped-off areas clear of personal items, so all dancers can access the backstage area.
- Dancers may not leave their assigned dressing area during the show. **ALL DANCERS MUST REMAIN IN THEIR DRESSING AREA DURING INTERMISSION.**
- Dancers who are assigned to the upstairs dressing rooms should remain in assigned dressing rooms until they are called to the stage or unless they are a student helper for younger classes.
- If dancers need to talk to a dancer in a different dressing room, please have them ask a BSP or Staff for assistance. We have a very large group of dancers and we need dancers to remain where they're assigned.

Dancers in Second Stage will walk from to the main building with the assistance of BSPs and Staff. In the event of rain, the OOH has large umbrellas that will be used to cover dancers. Dancers should wear street shoes to walk between the buildings and carry dance shoes, which will be put on in Tommy James.

- **PRO TIP:** We can't stress enough the importance of, and appreciation for, deodorant!

Drop-Off/Pick-Up

Please sign in your dancer with the BSP for your assigned dressing area. Do not leave without checking out with the BSP assigned to your dancer. Parents of dancers ages 11 and below **MUST** come in the building with their dancer to sign them in. Dancers age 12 and up may sign themselves in with the BSP.

Please pick up your dancer in the same location *immediately* following the rehearsal/performance. Make sure you check out with the BSP before leaving.

Do not enter or exit through the back Stage Door of the theatre while rehearsals and performances are running.

For Rehearsals...

Please show up on time and ready to go! Keep in mind that dancers may leave after their last dance/curtain call rehearsal, so you can get your dancer earlier.

For performances...

Call time is 45 minutes prior to the performance start time, meaning on Friday night dancers arrive at 6:15 p.m. (performance time is 7 p.m.)

and at 1:45 p.m. on Saturday and Sunday (performance time is 2:30 p.m.). Upper level dancers will be asked to arrive early for warm-ups.

Please arrive with hair and makeup done, ready to get in costume for your first dance.

All dancers (except Preschool) must stay through the end of curtain call.

If your dancer is in Second Stage, please remember it takes some time after performances to finish curtain call, line the dancers up, and return them to the building for pick-up.

Strike—How Can You Help?

Following Sunday's performance, we will strike the set, which means removing the Marley dance floor, cleaning, vacuuming, and putting away set pieces and props to make sure the theatre is read for the next performance. As you know, we have a small staff, so we could use everyone's help with strike!

Dancers in the dressing rooms should empty garbage cans and do light cleaning. Parents and dancers in other dressing areas should pick up garbage, put any left items in the lost and found, pick up any trash in bathrooms, and, if you're able to, vacuum. Thank you!

Photography & Videography

Photos and videos are *absolutely prohibited* during the recital. This is for the dancers' safety as well as for other audience members' enjoyment. In addition to the usual concerns about a flash creating a hazard, the brightly lit screens on digital cameras and phones are a nuisance to everyone. Please be respectful to audience members and refrain from recording performances.

The OOH provides photography and videography as a convenience to our dance families. A photographer will take live-action photos during Thursday's dress rehearsal. A videographer will record a performance.

T-Shirts

T-shirts with the recital logo are available through CustomInk. **Orders close April 24!** Orders can be placed using the CustomInk link that was emailed to you.

Flowers

As a convenience, roses will be available for sale in the lobby by the OOHLaLas, one of our volunteer groups.

You are welcome to bring your own flowers, but because the dressing areas are a flurry of excitement, dancers, and costumes, PLEASE wait in the lobby or outside the theatre to give dancers flowers. With all our dancers, there isn't enough room for guests in the dressing areas.

Senior Dancers

Congratulations, seniors—you've worked hard to make it this far and we're so proud of you! We'd love to showcase your dance story with a half-page bio in the playbill and a poster that will be displayed in the Heiler Room during the performances. We will contact you with examples. The bio must be emailed to the office by May 3 and the poster brought in before the first performance.

As congratulations, the OOH will provide a flower bouquet that parents present to their dancer during Sunday's curtain call.

At a Glance...

On the day of a dress rehearsal or performance, follow these steps:

- Get lots of rest the night before!
- Remove all nail polish and jewelry and leave at home.
- Eat a light, sensible meal. Pack approved snacks to bring.
- Pack entertainment (cards, electronics, etc.).
- Apply hair and makeup at home.
- Get in nude leotard and a robe or an old button-up shirt and head to the theatre.
- When you arrive at the theatre, parents must check in with the BSP.
- Get comfortable in your dressing area!
- Put on costume, shoes, and accessories 6 or 7 dances before your dance.
- Wait for Backstage Staff to get you when it's time to dance. Remember to smile onstage!
- Pick up your dressing area: throw away any garbage, make it look nice.
- Wait for someone to come inside the building to pick you up.
- Remember to check out with the BSP for your dressing area!
- Get lots of rest again.

Final Notes

We appreciate and rely on volunteers. When putting together a production as large as the Spring Recital, we need everyone's help! Please look for ways that you might be able to pitch in—keeping areas clear of litter and trash, keeping younger dancers calm and quiet, and providing entertainment (such as games or books), are just a few ways you can make a difference. Thank you!

Please keep an open mind and be flexible during recital time. There's a lot going on; this year the studio features 180 dancers with 440 costumes! The best thing you and your dancer can do is relax and go with the flow. Recital time may seem intense, but trust us, all the hard work going on backstage by OOH Staff and Instructors leads to a beautiful recital that you and your dancer will never forget. We look forward to seeing your dancer perform.

If you have any questions, please contact the office.

Thank you for participating in the Old Opera House Dance Studio!

This handbook is available on our website at www.oldoperahouse.org.